

WELCOME TO DISCOVERING SPIRITUAL MATURITY

1 Timothy 4:7 (ESV)
“Train yourself for godliness”

FOUR HABITS OF A DISCIPLE

- 1. TIME WITH SCRIPTURE**
- 2. PRAYER**
- 3. GIVING/DOING GOOD**
- 4. FELLOWSHIP**

"Sow a thought, reap an act.
Sow an act, reap a habit.
Sow a habit, reap a character.
Sow a character, reap a destiny."

IV. HOW TO MEMORIZE SCRIPTURE

Proverbs 7:2–3 (ESV) Keep my commandments and live; keep my teaching as the apple of your eye; 3 bind them on your fingers; write them on the tablet of your heart.

BENEFITS OF MEMORIZING SCRIPTURE

1. It helps us resist _____.

Psalm 119:11 (ESV) I have stored up your word in my heart, that I might not sin against you.

2. It helps us make wise _____.

Psalm 119:105 (ESV)

Your word is a lamp to my feet and a light to my path.

3. It _____ us.

Psalm 119:49–50 (ESV) Remember your word to your servant, in which you have made me hope. 50 This is my comfort in my affliction, that your promise gives me life.

4. It _____ us.

Jeremiah 15:16 (ESV) Your words were found, and I ate them, and your words became to me a joy and the delight of my heart, ...

Proverbs 22:18 (ESV) for it will be pleasant if you keep them within you, if all of them are ready on your lips.

5. It helps us _____.

1 Peter 3:15 (ESV) but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect,

WHEN TO MEMORIZE A VERSE

- First thing in the morning
- During your Quiet Time
- While Exercising
- While waiting (spare moments)
- Last thing at night

Psalm 63:6 (ESV) when I remember you upon my bed, and meditate on you in the watches of the night;

TIPS ON MEMORIZING

1. Pick a verse that _____ to you.
2. Say the _____ **before and after** the verse.
3. Read the verse _____ many times.
4. Break the verse into _____.
5. Emphasize _____ words when quoting the verse.
6. _____ it down. Erase a word one at a time.
7. Use _____ cards.
8. _____ the cards with you .
9. _____ verses in key places.
10. Memorize the verse word _____.
11. Put the verse to _____. Write a song!
12. Get a _____

THREE KEYS TO MEMORIZING:

1. _____.
2. _____.
3. _____.

WE REMEMBER WHAT IT _____ TO US

Psalm 119:72 (ESV) *The law of your mouth is better to me than thousands of gold and silver pieces.*

SCRIPTURE MEMORY COURSE

Live the New Life:

Christ the Center	II Cor. 5:17; Gal. 2:20
Obedience to Christ	Rom. 12:1; John 14:21
The Word	II Tim. 3:16; Josh. 1:8
Prayer	John 15:7; Phil. 4:6-7
Fellowship	Matt. 18:20; Heb. 10:24
Witnessing	Matt. 4:19; Rom. 1:16

Proclaim Christ:

All Have Sinned	Rom. 3:23; Isa. 53:6
Sin's Penalty	Rom. 6:23; Heb. 9:27
Christ Paid the Penalty	Rom. 5:8; I Peter 3:18
Salvation Not by Works	Eph. 2:8-9; Titus 3:5
Must Receive Christ	John 1:12; Rev. 3:20
Assurance of Salvation	I John 5:13; John 5:24

Rely on God's Resources:

His Spirit	I Cor. 3:16; I Cor. 2:12
His Strength	Isa. 41:10; Phil. 4:13
His Faithfulness	Lam. 3:22; Num. 23:19
His Peace	Isa. 26:3; I Peter 5:7
His Provision	Rom. 8:32; Phil 4:19
His Help in Temptation	Heb. 2:18; Ps. 119:9, 11

Be Christ's Disciple:

Put Christ First	Matt. 6:33; Luke 9:23
Separate from the World	I Jn. 2:15-16; Rom. 12:2
Be Steadfast	I Cor. 15:58; Heb. 12:3
Serve Others	Mark 10:45; II Cor. 4:5
Give Generously	Prv. 3:9-10; II Cor. 9:6-7
Develop World Vision	Acts 1:8; Matt. 28:19-20

Grow in Christ likeness:

Love	John 13:34-35; I Jn. 3:18
Humility	Phil. 2:3-4; I Peter 5:5-6
Purity	Eph. 5:3; I Peter 2:11
Honesty	Lev. 19:11; Acts 24:16
Faith	Heb. 11:6; Rom. 4:20-21
Good Works	Gal. 6:9-10; Matt. 5:16

V. HOW TO MEDITATE ON SCRIPTURE

Psalm 1:1–2 (ESV) *Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night.*

Meditation _____
about a Bible verse in order to discover how I can
Be transformed into the image of Christ.

WHY MEDITATE ON SCRIPTURE?

1. It is a key to becoming like _____.

Romans 12:2 (ESV)

Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

2. It is a key to answered _____.

John 15:7 (ESV) *If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you.*

3. It is a key to faithful _____.

Joshua 1:8 (ESV) *This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.*

SIX WAYS TO MEDITATE SCRIPTURE

1. _____ **it!** Visualize the scene in your mind.
2. _____ **it!** Say the verse aloud, each time emphasizing a different word.
3. _____ **it!** Rewrite the verse in your own words.
4. _____ **it!** Replace the pronouns or people in the verse with your own name.
5. _____ **it!** Turn the verse into a prayer and say it back to God.
6. _____ **it!** Ask the following nine questions:

S.P.A.C.E.P.E.T.S. Questions

Is there any ...

S _____ **TO CONFESS?**

P _____ **TO CLAIM?**

A _____ **TO CHANGE?**

C _____ **TO OBEY?**

E _____ **TO FOLLOW?**

P _____ **TO PRAY?**

E _____ **TO AVOID?**

T _____ **TO LIVE OUT?**

S _____ **TO THANK GOD FOR?**

